

## DO IT YOURSELF HANDOUT SESSION 1

### Promoting Health Literacy with Free Information and Cool Tools from Your National Library of Medicine

#### Information and Cool Tools from the National Library of Medicine

1. Having access to quality health information equips you to make better \_\_\_\_\_, \_\_\_\_\_, and to know what questions to ask your \_\_\_\_\_.
2. \_\_\_\_\_ is the National Library of Medicine's web site for the general public and for patient education.
3. To get to the MedlinePlus web site, go to the web address: \_\_\_\_\_
4. Once you are on the MedlinePlus web site, the best place to start looking for information about a health topic is in the \_\_\_\_\_ section.
5. If you know the specific topic about which you want information, the fastest way to find out about it is to use the \_\_\_\_\_ at the top of the Health Topics section of MedlinePlus.
6. You can access the Spanish language version of a MedlinePlus page by clicking on the orange \_\_\_\_\_ button at the top of each page.
7. Each health topic page starts with an \_\_\_\_\_ of the topic.
8. Below the box with the general overview is a \_\_\_\_\_ for the health topic page that goes from quite general to more specific information.

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9. You can find videos and animated tutorials in the \_\_\_\_\_

section of a Health Topic page.

10. MedlinePlus is a great starting place for health information because:

\_\_\_\_\_.

11. Additional information resources from National Library of Medicine include

\_\_\_\_\_

#### **Resources:**

The video training series “Promoting Health Literacy with Free Information and Cool Tools from Your National Library of Medicine” and related materials are located at <http://www.healthliteracypromotion.com/Free-Training.html>

#### **Your Notes:**