

# Center for Health Literacy Promotion

## Research Summary

### Parents As Teachers Health Literacy Demonstration Project

Maternal Health Literacy: cognitive and social skills that determine the motivation and ability of mothers to gain access to, understand, and use information in ways that promote and maintain their health and that of their children. (Renkert and Nutbeam 2001)

#### Project Description

This two-year project aims to integrate maternal health literacy promotion into [Parents As Teachers](#) curriculum and practice. Parent Educators in three school districts in SE Missouri were trained in reflective practices to promote maternal health literacy. The sites serve families in areas characterized by low literacy and low income. Parent Educators are collecting data on parents' health- and healthcare-related practices and behaviors and surrounding family conditions using the [Life Skills Progression Instrument](#) (LSP). Stakeholders will gather in May 2012 to jointly review results, reflect on lessons learned and make recommendations for next steps.

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**Funder:** Missouri Foundation for Health/Health Literacy Missouri

**Funding Dates:** 2010-2012

**For more information** [Sandra Smith](#)

#### Key Findings

This project is in progress.

#### Publications

This project is in progress.

#### Presentations

##### Integrating Health Literacy and Reflective Practice into Parent Education

Parents as Teachers Annual Conference

November 7, 2011 St Louis, MO

Last updated 3.1.2012